



Answers for a Changing Culture

03 What About UFOs and Alien Life?

God rules all creation, Scripture tells us what we need to know, and Christians do not need to be shaken by rumors, mysteries, or speculation..

EMBARK

Questions about UFOs and alien life often come with a mix of curiosity, fear, skepticism, imagination, and conspiracy. Some people wonder whether unexplained sightings prove we are not alone. Others wonder whether life on other planets would undermine Christianity.

*Scripture does not answer every question we might have about outer space. It does tell us who created the heavens, who rules them, what makes humanity unique, what has gone wrong with creation, and where our hope is found. So before we ask, **"Are there aliens?"**, we need to ask, **"What has God clearly revealed?"***



1. Why do questions about UFOs and alien life capture people's imagination so quickly?

EXAMINE

READ Genesis 1:1, Psalm 19:1–4, and Isaiah 40:25–26

2. What do these passages teach about God's relationship to the heavens?
3. How should creation lead us toward worship rather than fear or speculation?
4. Why is it important to remember that God is not a "local" or "earth-only" deity?

READ Genesis 1:26–28 and Psalm 8:3–9

5. What does Scripture teach about the unique dignity and responsibility of human beings?
6. How does Psalm 8 hold together human smallness and human significance?
7. Why should the vastness of the universe humble us without making us feel meaningless?

READ Deuteronomy 29:29 and Job 38:1–7

8. What belongs to God, and what has He given to us?
9. How does Job 38 help us respond when we are confronted with mysteries beyond our understanding?
10. What is the difference between humble curiosity and unhealthy speculation?

READ Romans 8:18–25 and Colossians 1:15–20

11. How far-reaching are the effects of sin and the curse?
12. How far-reaching is the authority and supremacy of Christ?
13. Why would the discovery of some kind of life beyond earth not threaten the lordship of Christ?

READ Ephesians 6:10–12, Colossians 2:13–15, and 1 John 4:1–4

14. What spiritual realities does Scripture clearly reveal that our culture often ignores?
15. How should believers respond to strange claims, spiritual deception, or fear-driven reports?
16. Why can Christians be cautious without being terrified?

DIAGNOSTIC QUESTIONS:

*Am I more captivated by speculation
than by revelation?*

*Do mysteries make me fearful,
cynical, or worshipful?*

*Am I testing claims carefully, or am I
quick to believe dramatic reports?*

*Does my view of the universe make
God seem smaller or greater?*

*Am I more eager to know secrets than
to obey what God has clearly said?*

EXPOSE

We often struggle with mysteries like UFOs because curiosity can quickly outrun biblical wisdom.

We confuse “unidentified” with “alien”

A UFO is simply something unidentified. That does not mean it is extraterrestrial. GotQuestions makes this same distinction: “unidentified flying object” does not automatically mean alien spacecraft.

We assume mystery threatens faith

The Bible does not answer every scientific or cosmic question. That should not surprise us. God has revealed what we need for faithfulness, not everything we might want for curiosity.

We underestimate God’s rule over creation

God rules every star, galaxy, planet, creature, angel, demon, mystery, and rumor. Real or fake, explainable or unexplainable, UFOs do not fall outside God’s sovereign rule.

We forget that Scripture already teaches intelligent non-human life

Christians should not be materialists. Angels and demons are real spiritual beings. Christians already confess that we are not “alone” in creation because Scripture reveals God, angels, and demons.

We may avoid what discipleship requires

Jesus welcomes sinners, but He does not leave any disciple free to reserve sexuality, relationships, identity, or the body from His authority.

We let speculation distract us from salvation

The Bible’s central message is not outer space. It is Christ crucified and risen for sinners. Whatever exists in the universe, our hope is not in disclosure, discovery, or secret knowledge. Our hope is in Jesus.

ENGAGE

Step 1: Clarify

What is the difference between saying, “There are unexplained sightings,” and saying, “Alien life has visited earth”?

Step 2: Connect

Which biblical truths should shape our response to UFOs, aliens, and other cosmic mysteries?

Step 3: Discern

How can Christians be appropriately skeptical without becoming dismissive, fearful, or obsessed?

Step 4: Apply

How should the vastness and mystery of creation move us toward worship, humility, and faithfulness?

MEMORIZE

Psalms 19:1 CSB “The heavens declare the glory of God, and the expanse proclaims the work of his hands.”

Remember... *The Bible does not answer every question we may have about outer space. But it tells us enough.*

God created the heavens and the earth.

Human beings are made in His image.

Creation is fallen and groaning.

Christ is supreme over all things.

The unseen world is real.

Spiritual deception is possible.

And our hope is not in secret knowledge, but in the crucified and risen Lord.

So when questions about UFOs and alien life come up, Christians do not need to laugh dismissively or panic fearfully.

We can look up with wonder. We can think with humility. We can test claims carefully. And we can say with confidence:

Christ is Lord over heaven and earth.

CHOOSE ONE CONCRETE STEP...

- look at the night sky and worship the Creator
- read Psalm 8 and thank God for human dignity and smallness
- resist one fear-driven or conspiracy-driven rabbit trail
- test a strange claim by Scripture, wisdom, and credible evidence
- talk with someone about why mystery does not threaten Christian faith
- rest in the truth that Christ rules over all things, visible and invisible