



Ordinary Faithfulness

steady Christian living in the normal pressures of life

1 - Faithfulness Starts Small

2 - Hearing God Daily

4 - Killing Sin Early

5- Staying Teachable

6 - Showing Up

7 - Resting Regularly

8 - Grace in Conflict

9 - Waiting With Hope

10 - Finishing Well

3 – Praying Anyway

*God calls His people to keep praying, not because prayer always feels easy,
but because He is faithful, near, and ready to hear*

EMBARK

Most Christians know they should pray, but many struggle to keep praying when prayer feels weak, distracted, dry, or repetitive. We often assume prayer is strongest when it feels intense, but Scripture teaches us to pray not only in strength, but also in weakness. Prayer is not sustained by mood or momentum, but by dependence on God.

1. Why is it often hardest to pray when we need prayer most?

EXAMINE

READ Luke 18:1–8

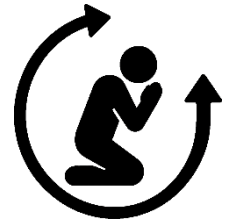
2. Why did Jesus tell this parable?
3. What does the widow's persistence teach us about prayer?
4. How does this passage encourage believers not to lose heart?

READ Psalm 62:8

5. What does this verse call God's people to do?
6. What does it mean to pour out your heart before God?
7. How does this verse encourage honesty and trust in prayer?

READ Romans 8:26–27

8. What weakness does Paul acknowledge in believers?
9. How does the Spirit help us in prayer?
10. What comfort does this passage give when prayer feels difficult or inadequate?



EXPOSE

Prayer is often hindered not just by a lack of time, but by the struggles and desires of the heart.

- We want prayer to feel powerful before we will practice it
We can confuse emotional intensity with real dependence on God.
- We drift from prayer when answers seem delayed
When God does not move on our timetable, we are tempted to lose heart.
- We treat weakness as a reason not to pray
But weakness is often the very reason we should come.
- We let distraction and self-reliance crowd out dependence
We try to carry burdens ourselves instead of bringing them honestly to God.

Diagnostic questions:

- When am I most tempted to neglect prayer?
- Do I come to God honestly, or only when I feel spiritually put together?
- Where have delay or disappointment weakened my prayer life?
- What burden am I carrying that I need to bring before God?

ENGAGE

Discuss these matters with your table and summarize your findings to share with the group.

Step 1: Identify

What are the most common reasons believers struggle to pray consistently?

Step 2: Reflect

Why do we often treat weakness, distraction, or delay as reasons not to pray?

Step 3: Apply

What is one specific situation in your life where you need to keep praying and not lose heart?

Step 4: Encourage

How can we help one another become more honest, dependent, and persistent in prayer?

MEMORIZE

Psalm 62:8 (CSB) “Trust in him at all times, you people; pour out your hearts before him. God is our refuge.”

THIS WEEK:

Choose one concrete step

- set aside a regular time for prayer each day
- pray through one psalm this week
- write down one burden and bring it to God daily
- turn one recurring anxiety into a repeated prayer

